

Chips off the Rock

The Rockville-Montgomery Swim Club

<http://www.ci.rockville.md.us/swim/Rmsctest.htm>

January 14, 2004 Our 36th Year

RMSC Heads to Two Meets this Weekend

Swimmers from RMSC will be splitting up this weekend to compete in both the PVS January Open at MLK, and the Retriever Classic Meet at UMBC.

PVS January Open

11-12's

Warmup at 6:30 1st Event at 7:30

9-10's

Warmup at 10:30 1st Event at 11:20

13 & Overs (CHANGED)

Warmup at 1:20 1st Event at 2:30

Directions to MLK: Capital Beltway to Exit 28 North (New Hampshire Ave.). Go under Rt. 29. ½ mile past Rt. 29, make a right turn at White Oak Middle School onto Jackson Rd. Pool is about .25 mile ahead.

Retriever Classic

Friday

Warmup at 4:00 1st Event at 5:00

Saturday, Sunday, & Monday

Prelims

Warmup at 11:15 1st Event at 12:15

Finals

Warmup at 4:45 1st Event at 5:45

Directions to UMBC: Take I-95 north to 195/166. On the exit, veer left towards Catonsville/UMBC. Follow signs for campus. Proceed onto Hilltop Circle. Take a left on Administration Drive to park in lot 10, or park on Hilltop Circle.

Results from Two Meets Last Weekend

Snowball Splash: Although the contingent was quite small by RMSC standards, the swimming was excellent. Special congratulations to Bailey Maloney for taking 1st place in three events (25 Free, 25 Fly, and 100 IM) and to Faye Hixenbaugh for capturing the 50 Free. Congratulations also to all of the following swimmers who swam to new lifetime bests: Grace Choung, Katy Gillis, Faye Hixenbaugh, Kenneth Ke, Allie Klatzkin, and Bailey Maloney.

RMSC Relay Carnival:

Most of RMSC's mini's went to this once-a-year festival of relay fun. Because all of the events were relays, there really isn't any real "results" to report, but the coaches were happy to see everyone having such a great time swimming with their teammates.

Weekend Practice Schedule Update:

Saturday, January 17

All practices cancelled

Sunday, January 18

ISS as scheduled

All other practices cancelled

Upcoming Meets

RMSC Championship Qualifier –

February 7-8 at Olney and Rockville

This meet held on Saturday night at Olney and Sunday morning at Rockville. It is designed for swimmers who are very close to qualifying for the upcoming PVS Junior Olympics in March. Please see your coach for more details.

ConocoPhillips Spring National

Championships – February 10-14 in

Orlando, FL. The National Championships – what more needs to be said. Good Luck to Josh Hafkin and Coach Jim Williams.

PVS February Distance Meet –

February 15-16 at Fairland. This meet will offer swimmers ages 10 and above the opportunity to swim both the 1000 freestyle and 1650 freestyle. Check with your coach if you want to enter this meet.

Entries due by January 27.

Winter Gator Mini-Meet – February

21-22 at Wakefield High School. This meet is for the mini's. Check with your coaches on which events to enter.

Entries due by February 3.

PVS Junior Olympic Championships

March 4-7 at PGSLC. This is a team scored meet for all 14 & Under swimmers who qualify. RMSC has won this meet for as long as anyone can remember. All qualified swimmers will be expected to swim. Check with your coaches if you have any questions. RMSC swimmers in this meet will get a special RMSC meet T-shirt and cap.

Entries due by February 17.

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Upcoming Meets (cont.)

PVS Senior Championships – March

11-14 at George Mason Univ. This meet is open to all swimmers who achieve the qualifying times.

Swimmers should be aware that this meet will be conducted with short course prelims and long course finals. See your coach for more details.

Entries due by February 24.

Mini Championships – March 20-21

at Olney Swim Center. This meet is open to all swimmers ages 8 & Under. RMSC is the meet sponsor and has won the team championship every year this event has been contested. All minis should plan to participate. All RMSC participants will get a special RMSC meet T-shirt and cap.

Entries due by March 2.

Eastern Zone Sectional

Championships – March 25-28 at

University of Maryland. This meet is open to all swimmers who meet the strict qualifying times. The meet will be conducted long course to offer swimmers the opportunity to qualify for the 2004 Olympic Trials. All RMSC swimmers will either a team warmup or special meet sweatshirt.

Entries Due by March 9.

Spring Championships – March 27-

28 at Fairland Aquatic Center. This meet is open to swimmers who do not qualify for the PVS Junior Olympics or PVS Senior Championships. All RMSC swimmers will receive a special RMSC meet T-shirt.

Entries Due by March 9.

RMSC Team T-shirts

still available

All registered RMSC swimmers are both entitled and welcome to pick up their new RMSC Team T-shirt sponsored by Nike Swim. The “Rock Solid” Navy blue shirts are available in all sizes. Please see [Dave Greene](#) to get your shirt or if you have any questions about this free give-away.

Quick Note about the Hot Tub/Spa/Whirlpool

Use of the spa on the deck of the North Indoor Pool is reserved for members and daily admission users. Swim Center regulations require that all users under the age of 18 be accompanied by their parent or legal guardian.

All RMSC swimmers are expected to abide by these regulations. The only swimmers that should be found in the spa are those who have reached their 18th birthday or who are accompanied by THEIR PARENT. Having an 18-year-old friend is not a pass to the spa.

Please be sure to follow this policy. If you have any questions regarding this or any other aspect of the operation of the Rockville Swim Center, please contact [Mark Eldridge](#), Swim Center Superintendent, anytime at the Swim Center.